



# CATERING

PLATTERS TO SHARE

## AVOCADO SMASH \$55

TOASTED SOURDOUGH TOPPED WITH AVOCADO, RADISH, CUCUMBER, MICRO CILANTRO | 16 TOASTS

## FRESH BAKED BAGELS \$42

EVERYTHING • SESAME • PLAIN | 12 BAGEL ASSORTMENT  
CREAM CHEESE \$10 / EGG SALAD \$12 / TUNA SALAD \$14  
ALL TOPPINGS BUNDLE \$75

## EGGS & SMOKED SALMON \$75

PASTURE-RAISED SOFT BOILED EGGS, SMOKED SALMON, ARUGULA, SLICED TOMATO, LEMON & MICRO CILANTRO GARNISH  
(PAIR WITH AVOCADO SMASH & BAGEL PLATTERS)

## EMPANANDA ASSORTMENT \$95

CHICKEN • BEEF • SPINACH & CHEESE | 25 EMPANADAS  
SERVED WITH VEGAN GLUTEN FREE GREEN TAHINI

## TUNA SPROUT SANDWICH \$120

WILD AHI TUNA SALAD MADE WITH CHOPPED VEGGIES, MUSTARD AIOLI, EXTRA VIRGIN OLIVE OIL / SERVED ON TOASTED MULTIGRAIN SOURDOUGH WITH ARUGULA, SLICED TOMATO, ALFALFA SPROUTS, SERVED WITH VEGAN GF GREEN TAHINI | 16 SANDWICHES

## SIGNATURE WRAPS \$120

SOBE SALMON • PESTO TUNA • VEGGIE • KALE CHICKEN CAESAR  
SAUCES: PURA VIDA SAUCE, VEGAN GF GREEN TAHINI, CAESAR  
SERVED ON SPINACH TORTILLA WRAP | 16 WRAPS

## HUMMUS PITA & VEGGIES \$50

HUMMUS, OLIVE OIL, ZA'ATAR & MICROCILANTRO, WITH WHOLEWHEAT PITA, CUCUMBER, CARROT, CELERY

## FRESH FRUIT SALAD \$65

STRAWBERRY, BLUEBERRY, MANGO, PINEAPPLE, GREEK YOGURT, SHAVED COCONUT, VEGAN GLUTEN FREE GRANOLA

## FRESH BAKED CROISSANTS \$50

PLAIN • NOCCIOLA • ALMOND | 9 CROISSANTS ASSORTMENT

## ARTISANAL SWEET TREATS \$55

VEGAN BANANA BREAD • VEGAN CHOCOLATE CHIP COOKIE  
GF GUAVA COCONUT COOKIE | 9 SWEET TREATS ASSORTMENT



FAMILY STYLE SALADS

JEN'S HERB \$80

ARUGULA, KALE, MINT, CILANTRO, PARSLEY, QUINOA, JALAPENO, SCALLION, SPICED WALNUTS, CRUMBLLED FETA, APPLE CIDER VINAIGRETTE

GARDEN GREENS \$80

ARUGULA, SPINACH, MIXED GREENS, CHERRY TOMATO, CUCUMBER, CARROT, PICKLED CABBAGE, RADISH, CHICKPEAS, ALFALFA SPROUTS, SUNFLOWER SEEDS, MICRO CILANTRO, SCALLION, VEGAN GLUTEN FREE GREEN TAHINI

KALE CAESAR \$80

LOCALLY SOURCED CHOPPED KALE, SHAVED PARMESAN, TOASTED SOURDOUGH CROUTONS, CAESAR DRESSING

MEDITERRANEAN TOMATO \$90

ROMA TOMATO, CHERRY TOMATO, ARUGULA, RED ONION, CUCUMBER, GREEN & RED BELL PEPPER, OLIVE TAPENADE, CRUMBLLED FETA, OLIVE OIL, LEMON VINAIGRETTE

ADD PROTEIN

OVEN ROASTED SALMON \$95

FREE RANGE GRILLED CHICKEN \$70

VEGAN LENTIL ADASHAH \$55

MINI BOWLS \$95

SPICY TUNA • MANGO SALMON • SUMMER CHICKEN • VEGAN LENTIL SAUCES: SPICY AIOLI, PURA VIDA SAUCE, VEGAN GF GREEN TAHINI | 16 BOWLS

COLD PRESSED JUICE \$100

GREEN DELUXE • IMMUNE BOOSTER • MIAMI BEET THE GLOW • LULU'S LEMON | 12 BOTTLE ASSORTMENT

ORANGE JUICE \$85

FRESH SQUEEZED | 12 BOTTLES

ORGANIC KOMBUCHA \$65

GINGER LEMON PROBIOTIC TEA | 14 BOTTLES

COLD BREW COFFEE \$65

ORGANIC & NITRO INFUSED | 14 BOTTLES

WELLNESS SHOTS \$45 | 12 BOTTLE ASSORTMENT

FLU SHOT • ETERNAL YOUTH • IMMUNITY SHOT • THE GLOW

OVERNIGHT OATS PARFAIT \$100

WHOLEGRAIN OVERNIGHT OATS MADE WITH ALMOND MYLK, TOPPED WITH STRAWBERRY, BLUEBERRY, ALMOND BUTTER, VEGAN GLUTEN FREE GRANOLA | 12 PARFAIT CUPS

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